


















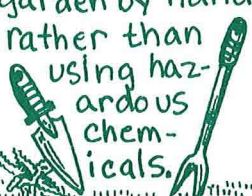











APRIL

ENVIRONMENTAL AWARENESS MONTH

2001

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	
<p>1. FOR LATEST INFO, visit SWANCC's web site at (www.swancc.org).</p>	<p>2. TRIM your waste DAILY</p> <p>REDUCE RECYCLE REUSE</p> 	<p>3. Promote weekly waste-free lunches-put food in reusable containers.</p> 	<p>4. Reuse items for art projects-check out (www.craftcentralstation.com).</p> 	<p>5. PUT A LITTER BAG IN THE CAR.</p> 	<p>6. Recycle all materials accepted by your town-call for updated info.</p> 	<p>7. Cedar chips and aromatic herbs are good SUBSTITUTES for MOTHBALLS.</p> 	
<p>8. It takes 75,000 trees to supply Americans with their Sunday newspapers each week.</p> 	<p>9. BUY IN BULK</p> <p>when possible. It costs less and creates less packaging waste.</p> 	<p>10. Use washable NAPKINS, RAGS & Towels rather than paper products.</p> 	<p>11. Recycle vegetable + fruit scraps indoors. Read "WORMS EAT MY GARBAGE" by Mary Appelhof.</p> 	<p>12. GIVE AWAY used clothes, toys, books, & games to people who can use them.</p> 	<p>13. Get neighbors to think-make a sign for your garbage cans.</p> <p>EVERYTHING IN HERE GOES TO THE LANDFILL</p> 	<p>14. GRASSCYCLE</p> <p>Leave clippings on THE LAWN.</p> 	
<p>15. READ "Waste and Want: A Social History of Trash" by Susan Strasser.</p> 	<p>16. WALK OR BIKE TO NEARBY DESTINATIONS.</p> 	<p>17. AVOID Aerosol spray can products (CFC's). Use pump sprays and stick deodorants.</p> 	<p>18. LET YOUR LOCAL PAPER Know what your club is doing to help the environment.</p> 	<p>19. CREATIVE USE WAREHOUSE Sells a bag full of STUFF for \$3. (312) 421-3640</p> 	<p>20. "ALTERNATIVE CLEANING METHODS"- call SWANCC for a free copy.</p> 	<p>21. Weed your garden by hand rather than using hazardous chemicals.</p> 	
<p>22. EARTH DAY</p> <p>RESPECT ME</p> 	<p>23. USE RECHARGEABLE BATTERIES instead of DISPOSABLE ONES</p> 	<p>24. PRECYCLE Don't buy the product if container can't be recycled in your program.</p> 	<p>25. SHARE MAGAZINES with friends, shelters and Schools.</p> 	<p>26. USE e-mail instead of PAPER correspondence.</p> 	<p>27. ARBOR DAY</p> <p>Surprise someone with a houseplant-NATURE'S AIR CLEANER.</p> 	<p>28. NEVER dispose of motor oil or gas down the drain or sewer. call SWANCC for recycling outlets.</p>	
<p>29. FIX LEAKY FAUCETS and TOILETS - Save GALLONS of water per day.</p> 	<p>30. USE CLOTH BAGS for groceries rather than paper or plastic.</p> 	<p>CALENDAR PROVIDED BY:</p> <p> Solid Waste Agency of Northern Cook County</p> <p>1616 East Golf Road • Des Plaines • IL 60016-1293 Phone 847/296-9205 Fax 847/296-9207</p>				<p>Our EARTH has limited resources. That's why it's important to conserve and preserve them.</p> <p>GET INVOLVED YOU CAN MAKE A DIFFERENCE!</p>	